

News from County Councillor Dr Marie Strong  
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Dear Councillors

Were we surprised being moved into Tier 4 let alone 5? I leave that question for you to ponder. For now I have copied below Norfolk's Director of Public Health rationale for the move to 4 and which pertains to 5. Also copied the usual websites which I am assured are updated regularly – this means that whatever changes come into play you can check out the latest and what is happening where your family and friends live.

**As to why tier 4 (and 5??)** Louise Smith, Director of Public Health in Norfolk said 'What is really clear, over the last six or seven days the numbers have really taken off and are now rising very quickly. "It may be the new variant and we think now just after half of the cases are the new variant but it's also worth remembering that all our predictions and scenarios did predict we were in for a tough winter and unfortunately this does look the direction in which we are heading. When we look at the data by district area we are seeing the numbers rise in every district.'

Below I have also copied information as to what is available for people struggling to cope with lock down and other Covid related problems. The good news is that there is a range of assistance available and if appropriate please share the information but first:

**Holt Hall:** By the time you meet you will know the outcome of the full council meeting of Norfolk county councillors called for Monday 11 January to request that Cabinet urgently revisit and reverse its decision to dispose of Holt Hall and instead develop a plan to secure the future of outdoor learning at Holt Hall together with the investment required to ensure its long term sustainability.

**COVID-19 Information:** Information on the national tiers is available at <https://www.gov.uk/guidance/local-restriction-tiers-what-you-need-to-know>

[www.norfolk.gov.uk/coronavirus](http://www.norfolk.gov.uk/coronavirus): this site includes local services as well as the latest regulations for Norfolk and reference to many if not all of the government schemes

[www.gov.uk/coronavirus](http://www.gov.uk/coronavirus): all the government schemes are to be found on this site

[www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus); separate site if required but linked with the government site.

**Support for Families:** A reminder that Norfolk County Council has developed a package of support to help families over the winter months. For information and advice go to [www.norfolk.gov.uk/coronavirus](http://www.norfolk.gov.uk/coronavirus) or call 0344 800 8020. Please share this information and the following:

**Free school meals:** check if your children are eligible: <https://www.norfolk.gov.uk/education-and-learning/schools/school-meals-and-milk>.

**Extension of Norfolk Assistance Scheme:** provides support for food, fuel, clothes and other essential household items. Visit [www.norfolk.gov.uk/NAS](http://www.norfolk.gov.uk/NAS) or if no internet call 01603 223392 (option 5) (you can leave a message if the line is busy).

**Power Cuts** - Call 105 free of charge to report power cuts and damage to the electricity network, or 0800 3163 105 (from a corded landline phone or mobile phone). Also visit the following sites: [www.ukpowernetworks.co.uk](http://www.ukpowernetworks.co.uk) for the latest updates (on a mobile

phone), [www.ukpowernetworks.co.uk/powercut](http://www.ukpowernetworks.co.uk/powercut) type in your postcode to view the live power cut map and Tweet @ukpowernetworks to report power cuts or to receive updates.

**Roadworks:** Up-to-date information about roadworks in Norfolk is available on the County Council website at [www.norfolk.gov.uk/roadworks](http://www.norfolk.gov.uk/roadworks)

**Avian Influenza:** Measures regarding Avian Influenza were enhanced at least twice over the past weeks so however few birds you have please check the latest update: [www.gov.uk/guidance/avian-influenza-bird-flu#latest-situation](http://www.gov.uk/guidance/avian-influenza-bird-flu#latest-situation)

**Christmas Lights:** For the first time ever I persuaded Michael (spouse) to retrieve our Christmas lights from the loft in time to switch on for 1 December. I know several villages planned to get their lights up early and we hope those passing our home were cheered by our lights, as we were by others on dull and wet nights. I now working on retaining our lights as long as possible - watch this space.

Good works: Whilst I have copied above various forms of official assistance yet again I would like to applaud the immense amount of valuable work being carried out by volunteers, neighbours and simply good people.

Warm wishes to you all.

**Marie**

County Cllr Dr Marie Strong  
Wells Division

*Barshams & Houghton St Giles, Binham with Cockthorpe, Blakeney, Brinton with Sharrington, Field Dalling & Saxlingham, Glandford with Letheringsett, Great Snoring, Great & Little Walsingham, Hindringham, Holkham, Langham, Morston, Sculthorpe, Stiffkey, Stody with Hunworth, Thornage & Little Thornage, Warham, Wells-next-the-Sea, Wighton, Wiveton*

*The following was added during the meeting on 12 January:*

### **New event to help parents in Norfolk access support**

(Please try and share with your parishioners .....Marie

A free webinar is taking place next week for parents and carers in need of a helping hand during the pandemic

Organised by Norfolk County Council and Cambridge Community Services NHS Trust, the event is taking place on 14 January and will advise families how to access advice and support on everything from health to finances.

The hour-long session will cover some of the many schemes available, including Early Help services, information from [Just One Norfolk](http://www.justonenorfolk.gov.uk) and what community support is available to help families through tricky times.

Councillor John Fisher, county council cabinet member for children's services, said: "This is an excellent opportunity to reach out to families who may need some extra support. No parent or carer should feel alone, especially during this pandemic when it is so easy to become isolated.

"Norfolk County Council has many schemes that can make a difference. I am pleased that this webinar will give people the tools to ask for help should they need it."

Sian Larrington, Head of Service for Norfolk Children and Young People's Health Services stated: "We really encourage all families to sign up, there is a lot of support in the community and this 60 minute session will help families access that support, if they ever need it."

“I am delighted we have partnered with Norfolk County Council, pulling together as a Norfolk system will help us get the best outcomes for children, young people and families living in Norfolk.”

The event is taking place on zoom and families can participate anonymously. If they're unable to attend, information about what support they can access has been sent to all Norfolk schools. Further sessions are being planned for the coming weeks, which will be informed by feedback from parents & carers.

Parents or carers can book a free place at [www.nccparentsinformationevent.eventbrite.co.uk](http://www.nccparentsinformationevent.eventbrite.co.uk)

**ENDS**